

NJCAA Division III Cross Country Newsletter:

Hill N' Dale

Editor: Gary Parker

Volume 22 # 7

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Ranking #6

Men:

1. Harper
2. Delhi
- 2 Howard
4. MVCC
4. Rowan
6. Darton
7. Lorain
8. Onondaga
9. Broome
10. Joliet

Women:

1. Harper
1. MVCC
3. Joliet
4. Ocean
5. Darton
6. FIT
7. Suffolk
8. HCCC
9. Delhi
10. Rowan

Voters: Rowan, Suffolk, Onondaga

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The order form for National T Shirts is now on the NJCAA web site.

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**Men:**

**VSU 8k 9/27/14**

- |     |                 |                          |                       |
|-----|-----------------|--------------------------|-----------------------|
| 1.  | Prince          | Valdosta State           | 25:50                 |
| 26. | Chauncei Davis  | Georgia Military College | 31:40                 |
| 31. | Dakota Hayden   | "                        | 33:46                 |
| 32. | Nicholas Squall | "                        | 34:08                 |
| 35. | Ryan President  | "                        | 37:21 5 <sup>th</sup> |

**Central Georgia Region Invite 10/4 8k**

- |     |                 |                          |                       |
|-----|-----------------|--------------------------|-----------------------|
| 8.  | Chauncel Davis  | Georgia Military College | 30:09                 |
| 14. | Dakota Hayden   | "                        | 31:03                 |
| 15. | Nicholas Squall | "                        | 31:20                 |
| 18. | Josh York       | "                        | 33:19                 |
| 20. | Anthony Burgess | "                        | 34:06 5 <sup>th</sup> |

**Goldey-Beacom 8k 10/4/14**

- |    |             |            |       |
|----|-------------|------------|-------|
| 1. | Rodriguez   | Immaculata | 27:28 |
| 8. | Will Cheety | Rowan      | 29:28 |
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9.	Martin Maldonado	Rowan	29:33
10.	Mark Corrigan	Delaware Tech Stanton	29:39
14.	Chris Loper	Rowan	30:31
17.	Sam Steiner	Rowan	30:40
19.	Brooks Brandon	Delaware Tech Terry	31:02
22.	Kyle Irwin	Camden	31:10
23.	Julio Martinez	Rowan	31:19 5 <sup>th</sup>
24.	Jacob Wescott	Harford	31:30
29.	Matt Walker	Camden	32:06
33.	Matt Crow	Cumberland	32:36
54.	Tom Miller	Cumberland	35:25 5 <sup>th</sup>
64.	Michael Cox	Delaware Tech Terry	39:29 5 <sup>th</sup>
69.	Matthew Hastings	Delaware Tech Stanton	43:05 5 <sup>th</sup>

Cazenovia 8k 10/4/14

1.	Beney	LeMoyne	29:07
5.	Justin Garn	Onondaga	29:55
10.	Freideric Handelsmann	"	30:25
11.	John Osterhoudt	"	30:29
19.	Anthony Mitchell	"	31:32
24.	Jason Naughton	"	32:25 5 <sup>th</sup>

Tri State 8k Cool and Damp 10/4/14

1.	Cattanach	Eastern Conn. State	26:42
62.	Ian Anderson	CCRI	32:50
66.	Jared Gruslin	CCRI	33:03
84.	Joe Gareri	CCRI	35:17

Paul Short 8k 10/3/14 8k

1.	Juelis	Ramapo	25:53
29.	Gary Smolyak	Howard	27:08
67.	Brooks Ward	"	28:01
98.	Jacob Staley	"	28:57
114.	Connor Livingston	"	29:49
126.	Dominic Mandile	"	30:52 5 <sup>th</sup>

NJIT Highlander 8k 66, rain, soggy course 10/4/14, I am guessing that I have the right schools, going from initials for schools.

1.	Gilhuley	Unatt	25:17
45.	Taurel Augustin	Union	29:00
48.	John McKeon	Nassau	29:13
57.	Kevin Charette	Ocean	29:43
61.	Joey Domizio	Ocean	29:53
62.	Tyler Arabia	Brookdale	29:59

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63.	T.J. Nunez	Middlesex	30:08
76.	Wilson Melendez	Brookdale	31:17
78.	Dante Luongo	Ocean	31:27
80.	Alex Morales	Brookdale	31:39
85.	David Caamano	Middlesex	31:44
87.	William Surber	Middlesex	32:06
111.	Alejandro Hinestrosa	Middlesex	34:58 5 <sup>th</sup>
118.	James Coverdale	Ocean	35:36 5 <sup>th</sup>
121.	John Durandisse	Brookdale	36:10 5 <sup>th</sup>

Point U XC 8k 10/3/14

1.	Biwott	Young Harris College	25:40
3.	David Thornton	Darton	26:17
9.	Austin Stewart	Darton	27:10
13.	Jose Bautista	"	27:43
14.	Jelani Omari	"	27:55
49.	Jonathan Beers	"	31:28 5 <sup>th</sup>

Pitt Greensburg 8k, 10/4/14

1.	Morgan	Thiel	26:52
10.	Zac Simmons	Potomac	28:26
24.	Pierce Miller	"	30:09
26.	Joshua Myers	"	30:17
28.	Jordan Minshall	"	30:49
41.	Dennis Brown	"	35:34 5 <sup>th</sup>

Mount St. Mary College 8k 10/4/14

1.	Cohen	Union	28:17
8.	Rob Burnett	Delhi	29:14
11.	Scott Downing	Delhi	29:40
20.	Farris Ramada	Delhi	30:39
21.	Devin McGuirk	Hudson Valley	30:42
25.	Mathew Robinson	Delhi	30:59
27.	John Nollis	Delhi	31:02 5 <sup>th</sup>
46.	Dante Carr	Hudson Valley	31:49
61.	Justin Weintraub	Sullivan	32:43
83.	Greg Rachman	Suffolk	34:21
99.	Mark Toujiline	Dutchess	35:45

Lansing 8k 10/3/14

1.	Parlette	Siena Heights	25:47
121.	Ethan Levack	Schoolcraft	29:26
123.	Liam Cardenas	"	29:26
142.	Caton Hacker	"	30:16

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186.	Brandon Sutton	“	35:40
190.	Ryan Stamper	“	37:39 5 <sup>th</sup>

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**Women:**

VSU 5k **9/27/14**

1.	Boehm	Valdosta State	18:43
28.	Nina Skinner	Georgia Military College	26:08

Central Georgia Region 5k 10/4/14

7.	Ashley Young	Georgia Military College	24:18
10.	Nina Skinner	“	24:42

Goldey Beacom 5k 10/4/14 Soggy and Flat

1.	Semelova	Bloomfield	20:21
18.	Katie Klein	CCBC Essex	22:55
19.	Paige McKinney	Del Tech Stanton	22:56
27.	Tomika Odrick	Camden	24:16
29.	Christina Czajkowski	Del Tech Stanton	24:18
33.	Anne Scott	Harford	25:14
36.	Nicole Skocik	Del Tech Terry	25:38
38.	Michelle Gegenheimer	Camden	25:45
42.	Kelly Murphy	Rowan	25:56
64.	Jessica Cammacho	Camden	29:27 5 <sup>th</sup>
70.	Katie Patro	CCBC Essex	31:28 5 <sup>th</sup>

Cazenovia 5k 10/4/14

1.	Cudney	LeMoyne	20:25
34.	Julia Nagy	Onondaga	25:14
48.	Brittany Mariano	Onondaga	28:17

Lansing 5k 10/3/14

107.	Audrey Baetz	Schoolcraft	22:19
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NJIT Highlander 5k 66 and rain, soggy course 10/4/14

1.	Williams	LIU Post	18:11
31.	Elizabeth Rosario	Ocean	20:21
34.	Meghie Weinberger	Ocean	20:34
35.	Elizabeth Kowalski	Ocean	20:35
37.	Marisa Gingello	FIT	20:39
42.	Shannon McIver	FIT	20:43
54.	Julia Lyons	FIT	21:36
56.	Kim Campbell	Middlesex	21:41
59.	Morgan Blusewicz	Ocean	21:48
63.	Liz Cunningham	FIT	22:08

64.	Dana Knoetig	Ocean	22:12 5 <sup>th</sup>
80.	Nia Gonzalez	FIT	22:38 5 <sup>th</sup>
90.	Urszula Zych	Brookdale	23:25

Mount St. Mary College 5k 10/4/14 factor out 4yrs. 1. Delhi 37, 2. Suffolk 41, 3. Dutchess 44

1.	Zigrosser	St. Joe	20:26
3.	Kerry Gordon	Dutchess	21:00
6.	Leana Wiebelt	Suffolk	21:08
13.	Kelsey Esselman	Delhi	21:40
18.	Heather St.Germain	Dutchess	22:02
38.	Deirdre Nolis	Delhi	23:08
43.	Woodlyn Dorismond	Delhi	23:15
44.	Rosalie Osberg	Hudson Valley	23:16
47.	Bernadette Calabrese	Suffolk	23:20
48.	Tiffany Green	Dutchess	23:20
49.	Shannon LaChance	Columbia Greene	23:22
50.	Melanie Sterling	Suffolk	23:28
67.	Ashlee Rommeney	Suffolk	24:15 5 <sup>th</sup>
75.	Jaliza Tull	Delhi	24:33
104.	Meghan Riley	Delhi	25:58
109.	Nora DiMaria	Suffolk	26:20 5 <sup>th</sup>
147.	Tania Gomez	Dutchess	28:48 5 <sup>th</sup>

Paul Short 6k 10/4/14

1.	Friend	Call/PA	21:21
61.	Caroline Haden	Howard	24:20
211.	Hannah LeFors	"	29:20
212.	Gabrielle Petty	"	30:00
215.	Mackenzie Snyder	"	30:10
228.	Mary Hurd	"	34:33 5 <sup>th</sup>

Point U XC Invite 10/3/14 5k

1.	Guadiana	Point U	18:42
26.	Amber Braswell	Darton	20:59
31.	Tatiana Forester	"	21:10
43.	Victoria Parra	"	21:57
48.	Shamicah Tardy	"	22:07
64.	Stephani Estrada	"	23:56 5 <sup>th</sup>

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Runner of the Week:

Men: No nominations

Women: Caroline Gordon(Dutchess) ran 21:00 at Mount St. Mary's. She is undefeated among JUCO runners this Fall.